

MAY 2022
MID-WESTERN MAIL

FREE

MWMM

our region | our community | our news

Shop local
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LOCAL

LOCAL MAY EVENTS

Discover some of our region's most popular events, workshops & gatherings

HAPPY MOTHER'S DAY

Shop local - support local!

EDITION 15 | MUDGEES | GULGONG | RYLSTONE | KANDOS | LUE & EVERYWHERE IN-BETWEEN

SCL.

SALLY CALLANDER LAW PROVIDES LEGAL SERVICES ACROSS NSW WITH OFFICES LOCATED IN MUDGEES & GULGONG



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56 Market Street, Mudgees
Mon - Fri | 9am-5pm

SAY HELLO

hello@sallycallanderlaw.com.au
www.sallycallanderlaw.com.au

SALLY CALLANDER LAW.



Dear Sally

Your commonly asked legal questions answered

I have recently had a baby and want to make sure that she is cared for if something was to happen to both my partner and me. We don't know where to begin when choosing the right person to be the guardian for our daughter. Can you provide any guidance on what we should be looking for in a potential guardian?

Selecting a guardian to care for your child is one of the most vital decisions you'll ever make in your life, which is why you must take the time to consider all the candidates carefully. Here are some factors that are worth considering before you choose a guardian.

Personality

I recommend that you carefully assess someone's personality before asking them to be your child's guardian. I urge you to reflect on whether the person will serve as a good role model for your child.

Financial means

Although I always recommend that you have a life insurance policy to avoid plaguing your child's guardian with financial expenses, sometimes financial complications can occur. Your child's guardian should have the means to bear child expenses.

Emotional availability of your Guardian – It is important that you speak to the potential guardian to see if they are willing to raise your child as their own if something was to happen to you. Your child's guardian will have obligations and a lifestyle they adhere to, but you must assess whether they will be willing to adapt and become a parent for your child in your absence.

Physical ability to parent – It is very common that people want to entrust their child's life to a grandparent. However, it is important to examine whether the grandparent has the physical ability to care for children. For example, if their grandparent is elderly and plagued with physical ailments, they may also be incapable of physically taking care of your child.





Notes from the Editor

Welcome to the 15th Edition of MWM and Happy Mother's Day. If you want to treat Mum this Mother's Day why not shop for gifts and produce locally? We live in a region abundant with both. Again, this edition is packed full of events to get involved with, it never ceases to amaze me how our beautiful region offers so many options for getting involved in the community, there are options for everyone, so there's no excuse!

A SHOUT OUT TO OUR MAY ADVERTISERS – Andrew Gee MP, CED Centre for Executive Development, Cheree Edwards Fine Jewellery, CWA Mudgee (Day Branch), Dugald Saunders MP, Gulgong Holtermann Museum, Gulgong Public School, Hi Tech ITworX, Kelly's Irish Bar, Oak Tree Retirement Village, Perfectly Sorted, Rouse Tree Services, Rylstone Retro Records, Sally Callander Law, Shipmans Kandos, The NSW Tradie, The Property Shop, Ulan Water and Ultimate Care and Wear it Outt - *without you this publication would not be possible. We are deeply grateful for your support.*

Don't forget to follow us on our socials:

 midwesternmail  midwesternmail

Naomi x

FRONT COVER FOCUS

This month's front cover features a photo by Nadine Prentice, a mother of four and a talented local photographer. Although Nadine is a multi-tasking photographer juggling family life and bespoke private work, her passion lies within capturing children's natural portraits. Just over 10 years ago, Nadine started her 'Natural Child School Photography' business - a fresh approach to the annual school photos. Focusing on the importance of creating beautiful and authentic images which reflect each child's personality and natural smile, Nadine understands the importance of students being relaxed and happy when photographed. Her motherly instincts provide a gentle and playful rapport with each student to create their best image. Every photo aims to portray the best of each student and showcase the school's learning culture and the nurturing environment in which they are growing. Nadine is locally based in Mudgee and would love to freshen up our region's school photos. Contact her now for 2022 and 2023 bookings.




Email: admin@ncsphotos.com.au **Phone:** 0409 129 189

Visit: www.ncsphotos.com.au



businessmudgee.com.au

Special mention to Brighton Farm, Mudgee for the beautiful flowers – follow them on  @brightonfarm

The Mid-Western Mail acknowledges the Wiradjuri people as the Traditional Custodians of the Country upon which we live, learn and work. We honour their Ancestors and pay our deepest respects to their Elders, past, present and emerging.

DISCLAIMER The Mid-Western Mail accepts no responsibility for any article, advertisement or notice published and is published at the risk of the contributor who accepts liability. All contributors forwarding advertisements, notices or articles agree to indemnify the publisher (Business Mudgee) and the Editor and warrant that the material is presented in good faith, is accurate and is not deceptive, misleading, in breach of copyright, defamatory or in breach of any other laws or regulations. The Mid-Western Mail reserves the right to edit contributions and advertisements. There is no guarantee all submitted material will be published. The views expressed in this publication are those of the contributors and are not necessarily those of the Mid-Western Mail, Editor or Business Mudgee.

WE LOVE FEEDBACK

CED Centre for Executive Development

"We used Mid Western Mail to promote our 2022 Mid-Western Mentoring Program and some of our participants in this year's program came on board on the back of that advertisement! Very grateful to Naomi and the team for bringing such a wonderful magazine to our community." – Pearl Daly-Swords

Cheree Edwards Fine Jewellery

"Print media has been on the decline, particularly in regional communities, so to be able to support a publication which is free and showcases our region and local businesses, it's a no-brainer" – Cheree Edwards

TELL THE REGION ABOUT YOUR BUSINESS OR EVENT

The Mid-Western Mail (MWM) is created monthly for locals and visitors alike and has become a highly successful, not-for-profit publication showcasing regional events, workshops, activities, stories, businesses and services.

Every advertising dollar spent contributes to our community and visitors receiving free regional information.

Distribution across the region focuses on high traffic locations in Mudgee, Gulgong, Rylstone, Kandos, Lue and everywhere in-between.

Also available are substantial discounts for yearly upfront commitments and a 7% discount for Business Mudgee members.

If you would like to tell the region about your business or event and support regional news by advertising with us please email Naomi at:

mwm@businessmudgee.com.au

or call **0439 448 840.**

Deadline 15th of each month.

EDITOR Naomi Rouse

ARTWORK Danielle Scott Design

PRINTING Print Storm

PRODUCED by Business Mudgee

MAY

EVENTS THROUGHOUT OUR REGION IN MAY

MAY

Michael Bourke's Exhibition 'A Brief History of Mudgee' Mudgee Arts Precinct (Free, open daily 9am-5pm)

MAY

Pamela Welsh Ceramic Exhibition, Mudgee Arts Precinct (Free open daily 9am-5pm)

MAY - 17 JUNE

Much More than Words Competition, Mudgee Valley Writers

1-31 MAY

Gulgong Holtermann Museum & Free Interactive Street Trail (open daily 10am-3pm) *See inside for details*

1 MAY

Mudgee Classic *See inside for details*

1 MAY

Mudgee Makers Market, Robertson Park (1st Sunday of every month 8.30am-12.30pm)

1 MAY

Mudgee & District Kennel & Obedience Club training classes, Victoria Park, Gulgong (every Sunday 10am) *See inside for details*

2 MAY

Writing Circle, Mudgee Library (every Monday 1pm-3.30pm)

2 MAY

Gulgong Library Reading Circle (every Monday 11am)

3 MAY

Cudgegong Camera Club meeting, Club Mudgee (1st Tuesday of every month 7pm)

3 MAY

The Man Walk, Lawson Park (every Tuesday 6pm)

3 MAY

Mudgee Library Evening Book Group (1st Tuesday of every month 6pm-7pm)

4 MAY

Gulgong Men's Shed meet (every Wednesday 9am)

5 MAY

Mother's Day 'Candles & Cushions' Workshop, Perfectly Sorted (6-8pm) *See inside for details*

5 MAY

Red Hatter Ladies meet (every Thursday) *See inside for details*

5 MAY

Books that Made Us Book Group, Mudgee Library (1st Thursday of every month 6pm)

5 MAY

Craft Group, Kandos Returned Services Community Club (every Thursday 11am)

5 MAY

Mudgee Cocktail Bar, upstairs at Kelly's Irish Pub (every Thursday 6-9pm / Friday & Saturday 4pm-late)

6 MAY

Rotary Club of Mudgee Sunrise meeting, Parklands (every Friday 7am)

6 MAY

'Publicans Shout' Centennial Pub, Gulgong (a free beer every Friday 6pm)

6 MAY

Almost Anything Emporium, Rylstone (every Friday, Saturday & Sunday 10am-3pm)

6 MAY

Cudgegong Valley History Group, Henbury Golf Club, Kandos (1st Friday of every month 11am-3pm)

6 MAY

CWA Day Meeting 48 Market St, Mudgee (1st Friday of every month 11am)

6-8 MAY

Town Hall Cinema, Mudgee - *Dog (M), Off the Rails (M) and The Bad Guys (PG)*

7 MAY

Antiques & Collectables Auction, Gulgong Memorial Hall (10am)

7 MAY

Big Country Festival 2022, Craigmoor Wines

7 MAY

Park Run (every Saturday 8am)

7 MAY

Mudgee Heritage Walking Tours (every Saturday 10-11am)

7 MAY

Church Markets, St Johns Anglican Church grounds (1st Saturday of every month 9am-1pm)

7-8 MAY

Limestone Carving Workshop with Damien Lucas, Rosby Wines, Mudgee

8 MAY

Mother's Day

8 MAY

FREE glass of Bubbles for Mum, Kelly's Irish Bar, Mudgee

8 MAY

Mother's Day Hamper to WIN, The Cenny, Gulgong

8 MAY

Mudgee Miniature Railway (2nd Sunday of every month 10am-2pm)

9 MAY

CWA Evening Meet, 48 Market St, Mudgee (2nd Monday of every month 5.50pm)

9 MAY

Adventure Club 8-12yrs, Book Club, Book Nest (2nd Monday of every month 4-5pm)

10 MAY

Business Mudgee Monthly Meet and Greet for Business Mudgee members and guests, Club Mudgee (5.30pm)

10 MAY

Crafternoon, Kandos Library - free for 12-20 years (2nd Tuesday of every month 3.45pm-4.45pm)

10 MAY

Book Nest Wine Club, Mudgee (2nd or 3rd Tuesday of every month 7pm)

10 MAY

Mudgee Valley Writers meeting, Club Mudgee (2nd Tuesday of every month 12.00pm-3pm)

11 MAY

Mudgee Library Intermediate/Advanced Junior Chess Club, ages 6-14 (2nd Wednesday of the month 4.30pm-5.30pm)

12 MAY

Folk Session, Centennial Pub, Gulgong (2nd Thursday of every month 6pm-late)

12 MAY

Seniors Meeting, Kandos Returned Services Community Club (2nd Thursday of every month 2pm)

12 MAY

Mudgee Library Afternoon Book Group (2nd Thursday of every month 2.30pm)

14 MAY

The Kandos Street Machine & Hot Rod Show *See inside for details*

14 MAY

Rylstone Artisan & Produce Markets, Rylstone Memorial Hall (2nd Saturday of every month 9am-1pm)

14 MAY

Kandos Rylstone Film Society: Film Night, Rylstone Hall (2nd Saturday of every month)

14 MAY

Lawson Park Markets, Mudgee (2nd Saturday of every month 8.30am-12.30pm)

15 MAY

Poetry Circle, Mudgee Library (3rd Monday of every month 10am-12pm)

15-16 MAY

Ray Gooley Memorial Endurance Ride, Kains Flat *See inside for details*

16 MAY

CPSA Mother's Day Luncheon, Gulgong Bowling Club *See inside for details*

17 MAY

Online Book Group, Mid-Western Libraries (3rd Wednesday of every month 7pm via Zoom)

18 MAY

Mudgee Library Adult Chess Club (3rd Thursday of every month 5.30pm-6.30pm)

19 MAY

Gulgong Eisteddfod Speech Section *See inside for details*

19-22 MAY

Cementa (Bi-annual contemporary arts festival), Kandos

21 MAY**FEDERAL ELECTION****21 MAY**

NSW First Aid Course, Gulgong Bowling Club (8.30am-5pm) *See inside for details*

21 MAY

Mudgee Farmers Markets, Robertson Park (3rd Saturday of every month 8.30am-12.30pm)

22 MAY

The Rylstone Community Markets, Rylstone, The Globe beer garden (3rd Sunday of every month 10am-1pm)

22 MAY

Guided Farm Walks, Mudgee (3rd Sunday of every month 9am-12pm)

22 MAY

Third Sunday Yarn Therapy, Makers Space, Dunedoo (3rd Sunday of every month 10am)

23 MAY

Mudgee CWA 100 Year Celebration (10am-2pm) *See inside for details*

25 MAY

Gulgong Eisteddfod Music Section *See inside for details*

25 MAY

Mudgee Library Beginners Junior Chess Club, ages 6-14 (4th Wednesday of every month 4.30pm-5.30pm)

25 MAY

Cudgegong Poets, The Book Nest, Mudgee (4th Wednesday of every month 6.30pm)

27 MAY

Fungi Count at Rylstone, Milo Downs, 115 Boronia Rd (12.30pm-2.00pm)

27 MAY

Morning on the Green, Gulgong Public School (10am) *See inside for details*

27 MAY

Gulgong Eisteddfod Dance Section *See inside for details*

28 MAY

Mudgee Polo Club Tournament 2022 & Car Boot Picnic Day, "Cumbandy" Henry Lawson Drive, Gulgong (from 9am) *See inside for details*

REGIONAL INFORMATION

visitmudgeeregion.com.au

midwestern.nsw.gov.au

businessmudgee.com.au

gulgong.com.au

rylstonekandos.com

LOCAL LISTEN

Mudgee/Gulgong 93.1 FM

Rylstone/Kandos 97.9 FM

Mudgee/Gulgong MAGIC 87.6 FM



MUDGEE POLO CLUB

presents

2022 TOURNAMENT & CAR BOOT PICNIC DAY

Mudgee Polo Club's May 2022 Tournament will showcase country polo for all the family with two grades of polo featuring several of Australia's top players for a thrilling battle to claim the prestigious Dr Harvey Nickoll Cup and the Wyatt Cox Cup.

Saturday 28 May 2022 from 9.00am at "Cumbandry" Henry Lawson Drive, Gulgong.
The Polo Bar, hot & cold food will be available on-site.

Pay at the gate for entry. \$50 per car.
First in best dressed!

mudgeepoloclub mudgee_polo

Everyone welcome to enjoy this relaxed, family picnic day.



Mudgee & District Polo Club History

It was first reported that a Mudgee Polo Club had been formed with Frederick Digby Cox as the inaugural President on 3rd August 1903 in the *Mudgee Guardian*.

By 1904, when Mudgee played its first match, there were numerous polo clubs in the Greater Mudgee District to spar with; Dubbo, Gunnedah, Merriwa, Narromine, Orange, Quirindi, Cassilis, Weetalabah, Denison, Castlereagh, Mullaley, Scone, Yarraman, Tamworth and Tamarang.

The 1904 exhibition polo match; Mudgee vs Talbragar was held in Mudgee in conjunction with the annual Bligh Picnic Races. Subsequently from 1905 to 1909 polo carnivals were held in conjunction with Bligh.

The years of the First World War (1914-1918) impacted considerably on polo, as many players enlisted and horses were conscripted for use overseas or directed towards the war effort. Polo clubs across the nation either folded or went into recess.

A reconstituted Mudgee Polo Club was in existence by 1928 but it was short-lived because of the Great Depression of the early to mid-1930s followed by the Second World War (1939-1945). However 1945 saw a

revival of interest in the sport in the Mudgee district and it was decided to stage a polo match as part of a war memorial fundraising drive. Held in July the carnival consisted of local teams from Mudgee, Lue, Wollar-Bylong and Windeyer.

Subsequently, the June 1946 carnival was a great success and set the scene for making polo a social occasion for "the bush", the carnivals gained an enviable reputation for the Mudgee District for its hospitality with luncheons, dinners, cocktail parties and balls complementing the games.

It had been over a generation since the current revival of Mudgee Polo Club in 2014 which is now committed to showcasing country polo for all the family.

Photographs from lower left:

Mudgee Polo Team 1953 Winners Sir J.J. Garvan Cup - Goulburn T.C.W. Egan (No.1) D.White (No.2) J. Loneragan (No.3) N.Combes (No.4)

Mudgee Polo Club 1946 Mudgee and District Polo Carnival
Back left to right: Jimmy Read, Charles de Kantzow & David Loneragan Front: Colin Gill

Countess of Dudley Cup 1957 Mudgee team member Denis White with his fiancée Val Horn.





Candles & Cushions

mothers day workshop

Bring your mum and friends along to a relaxing evening of candle pouring, styling and shopping!

Champagne & nibbles on arrival

Candle pouring workshop for you to take home or gift.

Shop our studio while you wait with 15% off and our expert stylists on hand to show you exactly how to style your favourite pieces in our mock lounge room and bedroom!

05 | 05 | 2022

6PM TO 8PM

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*Limited discounted offer until 31 May 2022.

GULGONG GOSSIP

ANTIQUES AND COLLECTABLES

Do you have an interest in ANTIQUES AND COLLECTABLES? Then come to Gulgong for the auction being held on the 7th of May from 10am, at the Gulgong Memorial Hall.

MUDGEES ENDURANCE CLUB

Members are preparing for their annual event, "the Ray Gooley Memorial Endurance Ride", which will be held at Kains Flat on May 15 & 16th. Since the first ride was held at the old sale yards in 1972, several ride bases have been used, with Cooyal being utilised since 2003. The club has been fortunate to receive wonderful support from Cooyal Progress Association, local bushfire brigades, many property owners, and volunteers – the event wouldn't be possible without their ongoing support. Ray Gooley donated his services as head vet for 36 years and the Ray Gooley Memorial trophy for best managed horse now heads the prize list. The course is very achievable for novice riders and horses. It's a mixture of country lanes, paddocks, fire trails through the bush, and quiet roads.



CPSA

Combined Pensioners and Superannuants Association MOTHER'S DAY LUNCH will be held on May 16th at the Gulgong Bowling Club. This will be a BBQ. Everyone welcome!

GULGONG EISTEDDFOD

Do you enjoy participating in Eisteddfods? Then come to the GULGONG EISTEDDFOD! The Speech section will be held on the 19th of May, with Rachel Brennan as Adjudicator. The Music section will be on the 25th



of May, with Mr Richard Morpew as Adjudicator. The Dance section will be on the 27th of May, with Natasha Kovacs as Adjudicator. There won't be a Gala Concert held this year, due to ongoing COVID restrictions, but there will be the Roger Woodward playoff. If you have not seen this; it's a most enjoyable event, where the musicians play, and the audience votes as well as the adjudicators. Unfortunately, there will not be any Group speech section this year.

For more information, contact: gulgongeist@hotmail.com

Please follow our Facebook pages, Gulgong Prince of Wales Eisteddfod, OR Gulgong Eisteddfod-music, to keep up to date with the new information as it becomes available.



The HENRY LAWSON FESTIVAL is on again!

A committee has formed with many events organised! The Festival is on the **June long weekend, 11-13th of June**. During the Henry Lawson Festival there will also be the Scarecrow Stroll. So if you would like to be a part of this get your thinking caps on. There've been some wonderful Scarecrows in the past, and it's tremendous fun!

CYCLING

Thank you to local drivers for being so respectful of cyclists on the CENTRAL WEST CYCLE TRAIL.

The majority of drivers have been very generous and courteous with sharing the road. This trail runs through Gulgong – Dunedoo – Mendooran – Ballimore – Wellington etc., mostly featuring quiet backroads to ensure safety, to bring business to the small towns of the region.



Brought to you by the Gulgong Chamber of Commerce



MUDGEE CWA CELEBRATES 100 YEARS

by Sonja Lunn

Mudgee CWA branch will celebrate their 100 year anniversary on Monday, 23 May 2022.

The CWA room at 48 Market Street, Mudgee will open to the public that day from 10am-2pm with displays, fresh made scones with jam and cream, sandwiches and tea/coffee available for \$5 /serve. (Bookings preferred).

At 11am is our book launch – *Mudgee CWA Branch Celebrating 100 years* - written by Mudgee CWA Day Branch member, Sonja Lunn. Books will be available for sale on the day and thereafter.

For bookings: phone Genevieve Wills on 0411 574 611.

Order your copy of the book: call Sonja Lunn on 0404 498 524 (outside business hours) or contact her by email: sonjalunn@gmail.com

History of the Mudgee CWA branch

At the 1922 Sydney Royal Easter show there were discussions about forming the Country Women's Association (CWA). Mrs Grace Munro put up three calico signs promoting a Country Women's Conference to be held at the Country Club, Castlereagh St, Sydney on 18 April 1922. She is credited to be the founder of the Country Women's Association. The first branch to be formed was Crookwell on 10 May 1922 with the Mudgee CWA Branch being the second branch to form in NSW on 23 May 1922. A note inviting those interested to attend the initial meeting about forming the Mudgee branch appeared in the Mudgee Guardian and Northern Western Representative Newspaper on 18 May 1922.

The very first meeting of the Mudgee CWA Branch was held in the Mudgee Town Hall on Tuesday, 30 May 1922. It was called with the idea of improving welfare and conditions of women in country areas. Mrs Rosa Nicholls was elected as the first Branch President.

The first request made by the Mudgee CWA Branch was to the local Council asking for a garbage collection and cleaning of the drains in the streets as a continuing service. The next request was for concession fares for people travelling to Sydney seeking medical treatment (this is still available today) and cheaper telephone connections in isolated areas. In 1928, a proposal was put to Council for a rest room in Mudgee. In May 1929, after many years of fundraising and hard work, sufficient money was raised to build a "rest room" in Market Street Mudgee. A block of ground was purchased at 48 Market Street, Mudgee - the land cost 450 pounds and the building 650 pounds. This was of great advantage to country mothers to be able to come and rest, feed and change their babies. This room was also used for meetings and other community functions. In 1935, the branch was given permission to build a Baby Health Centre as part of the CWA rooms. Official Opening was on 10 July 1936. A unit for the clinic Sister was also approved so she could stay in Mudgee to give advice at all times. She also travelled to Gulgong to assist at their clinics.

In 1945, the branch realised the need for teenage girls to have secondary education and decided to

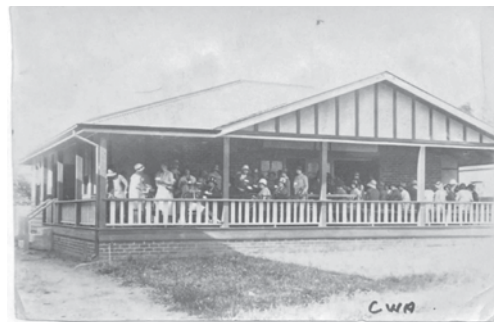
purchase a large brick home in Court Street, Mudgee which was converted into a Girls Hostel. It opened with 22 girls in residence at a cost of 3 pounds per week (60 shillings). Hundreds of girls were assisted with their secondary education during the time it operated however due to public transport and cars becoming more popular, there was less of a need for this facility and the hostel was closed in 1981.

In 2004, Mudgee CWA Evening Branch was formed to help working women to attend evening meetings. Branch meetings:

Mudgee CWA Day Branch – Meets first Friday each month at 11am.

Mudgee CWA Evening Branch – Meets second Monday each month at 5.50pm.

New members and visitors always welcome!



Mudgee CWA Rooms hosting the Castlereagh Group Conference on 7 November 1930

Congratulations

Mudgee CWA Branch Celebrating 100 years

Learn about the contribution Mudgee CWA has made to the local Mudgee community. Our anniversary day is Monday 23 May 2022.

Visit our Mudgee CWA room at 48 Market Street, Mudgee
Monday 23 May 2022 from 10am – 2pm

We will be serving homemade scones with jam and cream, sandwiches and tea/coffee. \$5 per serve

Memorabilia displays

Live broadcast by 2MG 1449am

History Book launch at 11am.

Compiled by Mudgee CWA member Sonja Lunn, funded by community grants and printed locally by Print Storm.

Proudly funded by

KANDOS STREET MACHINE & HOT ROD SHOW

Attention petrol heads! The Kandos Street Machine & Hot Rod Show is back again with a one-day-only burnout competition and show 'n' shine on the 14th of May, 2022.

Instead of the hot January long weekend, the exciting spectacular is now being held in May in picturesque Simkins Park, purpose built for Hot Rod events.

Entries have reopened but with limited spots only, so get in fast. Due to high demand, we were able to pull some strings and are pleased to announce that we will be allowing camping onsite for the Friday night only. We understand how hard travelling etc can be for a one day show so we hope this helps.

For more information regarding driver entries, spectating, camping etc visit www.123tix.com.au/events/24061/kandos-street-machine-hot-rod-show.com.au



RYLSTONE RETRO RECORDS

With thousands of records, thousands of CDs, hundreds of T-shirts, retro racing photos, cars and motorbikes, artworks and more, the Rylstone Retro Record shop is a pleasantly quirky shop to browse through.

Special requests, music and T-shirts are tracked down at no extra cost.

Situated opposite the Globe Hotel, 45 Louee St, Rylstone.

kandosrylstonemedia@gmail.com

DO SOMETHING DIFFERENT THIS MOTHER'S DAY

The second Sunday of May is Mother's Day. To celebrate this event, we will be featuring a video presentation about women of the period, their lives and the many hardships they endured.

A Mother's Day Entry Docket Draw will run for the entire month. We also have a selection of merchandise on special which could make the perfect Mother's Day gift.

The Gulgong Holtermann Museum has a permanent exhibition of the unique UNESCO listed Holtermann Collection which included photographs of Melbourne, Sydney, Regional NSW and Gulgong. What sets this museum apart from other Museums in the region are the digitally enhanced 1870's photographs taken by Henry Beaufoy Merlin and his assistant Charles Bayliss. The Collection is wall mounted and available on interactive touchscreens within our two State Heritage Listed building. A complimentary interactive street trail is also available for anyone interested in taking a selection of these photographs onto the quaint and quirky streets of Gulgong. Simply scan the QR Code provided, enter the access code, and start walking. NSW Discover voucher can be used at the Gulgong Holtermann Museum, so step in and use your voucher this May to experience a special slice of Australian history.

Spoil Mum this Mothers' Day with a unique historical experience.



**GULGONG
HOLTERMANN
MUSEUM**

from glass plates to digital detail



OPEN DAILY 10am to 3pm

Adults \$10
Concession \$8
Family \$30

Child \$5 (under 5 years free)
Group bookings essential

123-125 Mayne Street,
Gulgong

(02) 5858 4002

<https://holtermann.museum>



You are invited to attend a First Aid Course and gain a fully accredited First Aid Certificate.

First Aid Training Course – Cost \$150 (Discounted rate)

Saturday May 21st 8.30am to 5.30pm at Gulgong Bowling Club

Bookings are ESSENTIAL. We need at least 15 people for this course to run.

Bookings can be made by emailing gulgongheartbeat@gulgong.com.au or by phoning Rob on **0428 942 366** - by 10th May (numbers are required by this date as there is some course work that needs to be completed **prior** to the course).

Course conducted by our Partner, NSW First Aid


Be Prepared – the training you receive may even save a family member or friend. Your actions may be vital to their survival.

Like more information please contact:

Rob Barton on 0428 942 366

Bruce McGregor on 0413 488 499

Paul Fookes on 0448 741 446

 [gulgongheartbeat](https://www.facebook.com/gulgongheartbeat)



NSW First Aid

Yes... you can help save lives.
By participating in the First Aid Course
being conducted in Gulgong by
NSW First Aid on May 21st 8-30 am to 5-00pm
at Gulgong Bowling Club

Be prepared to help ... Please attend it might be a friend or family member you help and your actions may be vital.

Contact Heart Of Gulgong and Book-in now!

HEART of GULGONG



Like more information please contact:
Mr Rob Barton on 0428 942 366
Bruce McGregor on 0413 488 499
Paul Fookes on 0448 741 446
Email : gulgongheartbeat@gulgong.com.au





MORNING ON THE GREEN

Grandparents, parents and all community members are invited to join us to share a picnic morning tea provided free of charge, whilst enjoying a relaxed atmosphere of live music and performances. Chairs, Tables, Umbrellas and picnic blankets will be available to enjoy the show. Come and join us.



**GUEST SPEAKER
OLIVIA VIVIAN**

Olympic Gymnast
and
Australian Ninja Warrior



**FRIDAY 27TH MAY
STARTS AT 10 AM**

Gulgong Public School
Belmore Street, Gulgong
02 6374 1622
gulgong-p.school@det.nsw.edu.au

MUDGEE'S REVERED SCULPTURES IN THE GARDEN RETURNS



Mudgee and regional NSW's most renowned outdoor sculpture exhibition, Sculptures In The Garden, will be back again in 2022 for the 12th year!

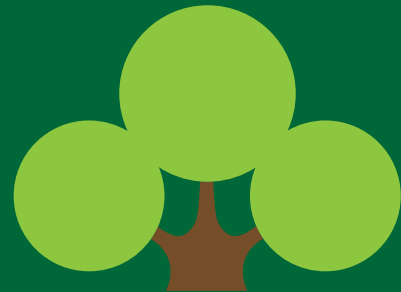
The exhibition will open on Saturday the 8th of October and run daily until Sunday 23rd of October 2022. As always, it will be set amongst the beautiful rural backdrop of Rosby Wines in Mudgee NSW.

Sculptures in the Garden, a not-for-profit organisation that started as a small community minded event, has now become the largest and most well-known sculpture exhibition in regional Australia. With 30,000 people through the doors and over 500 exhibiting artists, the highly anticipated annual event will celebrate its 12th year in 2022. Sculptures in the Garden has been instrumental in bringing arts and culture to the Central West of NSW, enabling emerging artists to showcase their work and attracting praise from names such as Her Excellency Dame Marie Bashir, Wendy Whiteley and Lord Mayor Clover Moore.

Winner of the top prize in 2021, Harrie Fasher commented that "SIG is doing more than just showcasing sculpture, they are nurturing local talent." Sculptures in the Garden is partnered with the Mudgee Support Group for Guide Dogs NSW/ACT and together the two have raised over \$175,000 for the incredibly important cause. The exhibition has contributed 26 acquisitive works to the Lawson Park Sculpture Walk; visited and enjoyed year-round by both locals and visitors to the region. The Lawson Park Sculpture Walk continues to act as a legacy of the Sculptures in the Garden event and all it has achieved for the arts in the Central West.

The 2022 Call for Works is due to open in the coming

weeks with over \$45,000 in prize money available and an opportunity to be a part of this exciting event. Stay tuned for more updates and we look forward to seeing you in October to celebrate our 12th year.



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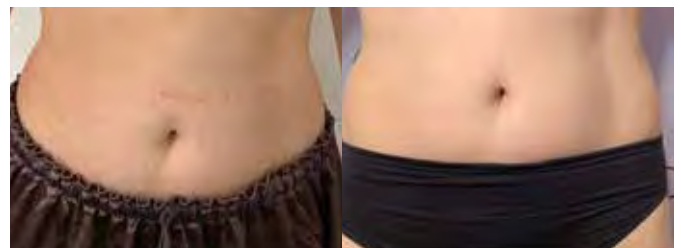
Autumn and winter are the perfect times to reassess how we feel emotionally and physically. The days are cooler and shorter, leaving us with more time to reflect on how we would like to improve our self-image. Don't let this winter season be a time when you drop the ball and become a couch potato like last year and the year before.

At Ultimate Care we love the cooler months, as it is when we can focus on improving our client's skin with targeted treatment plans and increasing their home care routines to achieve brighter, glowing skin for the warmer months ahead.

Now we can also target the body, with our new **Onda Coolwaves** body contouring system which is exclusively available at Ultimate Care. Onda Coolwaves are unique microwaves that selectively target fat cells to reduce localised fat deposits in a safe, effective and non effective way. We can now simultaneously treat localised fat, cellulite and skin laxity. If you have struggled to move stubborn tummy fat after babies or those dimples on your thighs with diet and exercise this could be your answer.

We have been performing Onda Coolwaves since November 2021 with amazing results even after one treatment. It is recommend having 4 treatments each month for 4 months; however the most noticeable results are 6 to 8 weeks after the last treatment. The photos below are real and from our own clients and both are thrilled with their results!

If you would like to have a **FREE CONSULTATION** please call us on 63724344 and mention this article and take your first steps to a better body by Summer 2022.



May COMMUNITY CAREER

by Deborah Patison



Each month we ask a member of our community to talk about their work. Any dancer in the biz knows that in order to become nationally or internationally regarded, and continue to gain prestigious roles you need talent, passion and determination and a work ethic like no other. One such hardworking and regarded professional dancer is Gulgong's very own Georgie Fabien.

"Ever since I was a little girl, I wanted to dance, and like so many other young dancers, I took up ballet and jazz at a local dance school, in my case, Step Up Dance Academy. It was clear to me even then that dancing was in my blood, and I knew I wanted to be a professional dancer when I grew up"

"The professional dance world today is super demanding. In addition to constantly training, teaching, and competing for roles, you have to manage the exhaustion of the daily physicality of dance and the constant hustle of building your presence in the industry, but it also delivers so many amazing opportunities and is definitely the career for me."

"Growing up in Gulgong taught me about how important having a good work ethic is and to succeed, you have to work very hard and sometimes overcome unexpected challenges," Georgie said.

Since leaving home at the age of 15 to study dance at the renowned Brent Street Studio in Sydney, Georgie has dedicated her whole life to dance and the world of performing arts and is now being rewarded with dancing roles on prestigious projects such as *The Masked Singer* and *The Voice* where her talent for all

styles of dance and choreography is showcased across the country to millions of viewers.

"Dancing has delivered many memorable moments for me, but one of the most recent was during my season with The Masked Singer, Australia. You see, I have always been a huge Anastasia fan, and my mum has video footage of me dancing to her when I was only 4-years-old pre dance lessons. So, you can imagine my face when I was on stage alongside her. Of course, nothing was confirmed until she was unveiled in the final episode. I was so honoured to have shared the stage with such an icon," added Georgie.

Having achieved a great deal in Australia, Georgie now has a burning desire to take on the international market and is keen to call LA home whilst she secures her footing in the US.

"Although I love Australia, and it will always be home, LA is basically the epicentre of dreamers. It's where all the crazy people with ridiculously large goals and ambitions who want to be the best converge. The opportunities there are insane!"

You can find her at @GEORGIEFABIEN on Tik Tok, Instagram and Youtube.



Wendy Christensen
Bra and Breast Prosthesis Qualified Fitter

Wear It Outt in collaboration with Pink Lady Bras will be offering Bra and Prosthesis fittings in the comfort of Wear It Outt Boutique from **24 - 29 May** 9am - 4pm.

Wendy from Pink Lady Bras fits all shapes and sizes. Our fitting service is **FREE**.
Bookings are still essential. Hospital and home visits available.

Your one-on-one fitting with Pink Lady Bras will include advice on choice and what will meet your needs.

TO BOOK: Pop in and see Sim, or go to the Wear It Outt website www.wearitoutt.com.au, select your day and time and hit **BOOK NOW**

WHERE: Wear It Outt, 84 Herbert Street, Gulgong, Phone 0493 096 699

INTERVIEW WITH AMORETTE ZIELINSKI

Founder of Central West Mums

Did you know that more than 52,000 families live in the Central West? The Central West is a huge region, with kilometres between each town. It means sometimes it's hard to get connected to chat with like-minded people, find a business, or something in particular that you're after. This month we speak to Amorette Zielinski, the founder of Central West Mums about her experience moving to the Central West and how she connected with her other Mums in her new community.

Can you tell us a bit about your background and how this all started.

It all started back in 2013 when I moved to Orange, NSW. My family and I just relocated from Vancouver, Canada for my husband's work (we're originally from Sydney). I was heavily pregnant with my second boy on the way and the big move at this stage was a little daunting and exciting at the same time. When I arrived in the Colour City, I felt the most isolated I have ever felt in my life. Even though I have a very supportive husband, both back then and now, in the early days he had to spend considerable time and effort establishing his career here. I only knew a handful of people and not terribly well, so the settling in process was not what I had imagined. I was challenged by finding the most basic of services and items. I soon came to realise that in this region 'word of mouth' is priceless. So I created Central West Mums, now a trusted source by many women whether they be born and bred here or have had a tree change.

Where do you get all your energy from?

It's my passion to unite families within our community, and welcome Mums to one of the friendliest, fun-loving communities you will find. I have always enjoyed bringing people together, whether it's over a lovely meal or a pool party of sorts as I am a foodie and a lover of adventures. Friends often call me a 'connector' because I really do find it rewarding putting like-minded people together and curating experiences for them. I would probably consider myself to be an extroverted introvert as I enjoy organising social activities but then feel exhausted from too many! I find at this stage in my life I need to set time aside to recharge and spend time at home. Living in a regional area with more space has probably brought this side out in me more than in previous years of growing up and living in the city.



How would you describe your Central West Mums group?

Our group has grown organically to several thousand women. It's a positive and supportive place where women can share local intel with others. This group has accelerated the settling in process for many women moving here from other cities, states and even overseas. Our CWM Mantra is:

We stay true to our values of being trusted, positive and without judgement.

Our content is authentic to support our readers with practical and user-friendly information.

I believe passionately in only working with brands that share the same values and are relevant to our readers. Editorial independence and control are upheld at all times.

Is there a way for Mums to connect socially with your group?

As a goal to strengthen the connection within our community, I launched an annual event to bring our online members into an offline space. In 2019 Mum Fest Central West became a reality, thanks to a Facebook grant and lots of local support. More than 300 women united to enjoy an uplifting and fun evening.

Where can new Mums in the Central West find out more?






In 2020, our website was born, out of the desire to further provide access to all, in this space, you will find amazing stories of our community and valuable information. www.centralwestmums.com.au



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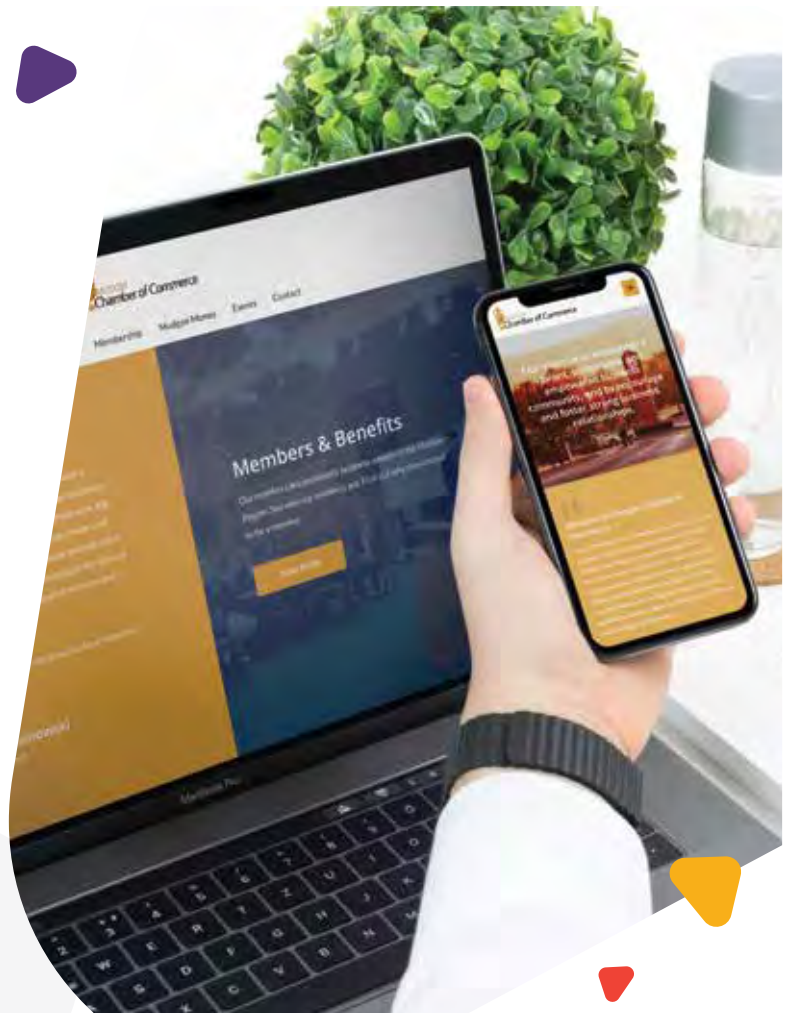
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Do you know someone doing **awesome things** in our community??

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or email dubbo@parliament.nsw.gov.au
and tell me in 200 words or less why they
deserve a

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Dugald Saunders

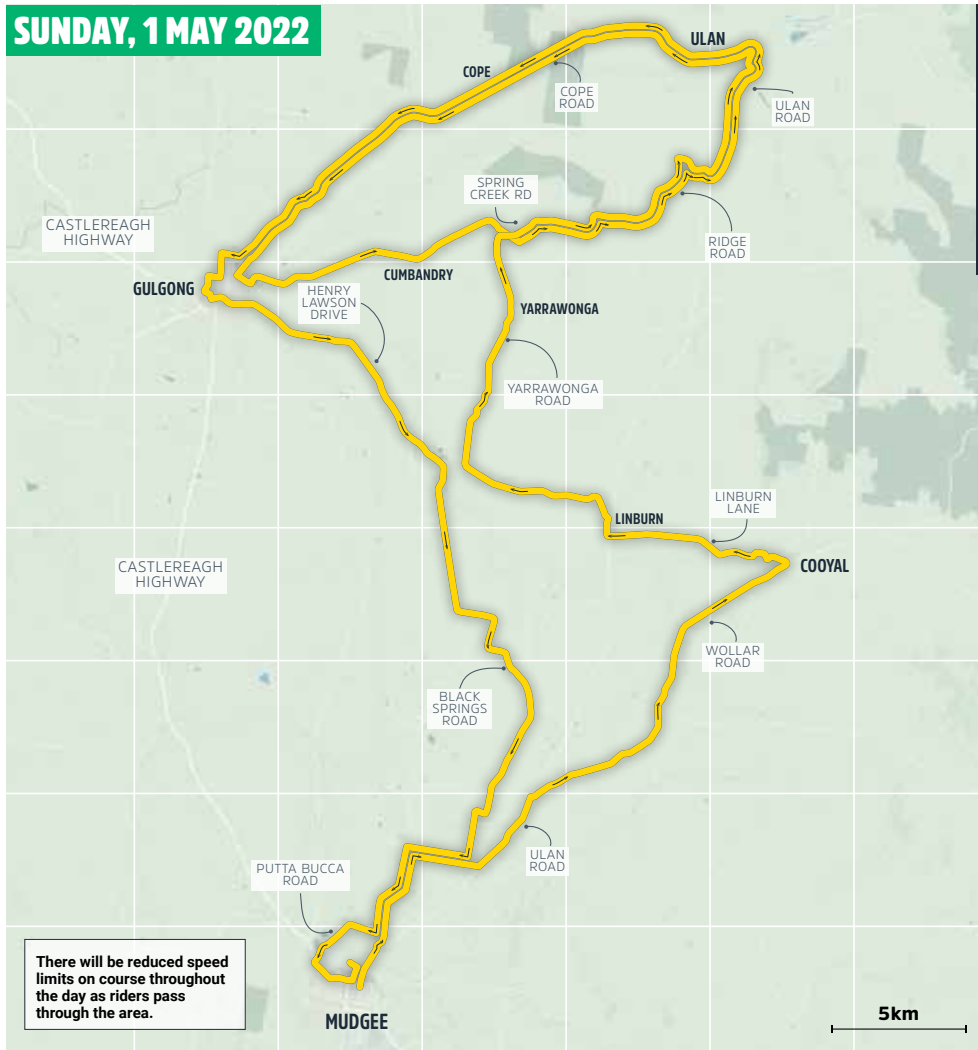
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Authorised by Dugald Saunders MP, 1/18 Talbragar Street Dubbo NSW 2830. Funded using Parliamentary entitlements.



SUNDAY, 1 MAY 2022



There will be reduced speed limits on course throughout the day as riders pass through the area.



SUNDAY, 1 MAY 2022

CHANGED TRAFFIC CONDITIONS

The Mudgee Classic is a road cycling event that takes place in the beautiful wine region of Mid-West NSW. The ride incorporates three routes, passing through Mudgee to Rylstone, the Bylong Valley, Lue and more.

The centre of activity on the day will be the Mudgee Classic Event Village at Glen Willow Regional Sports Complex, Mudgee. Please come along and cheer the riders as they cross the Finish Line during the day.

The Event Village will be open from 10am-4pm on Sunday, 1 May and will include live music, bars, children's activities, cycling exhibitors and more.

Riders from all over Australia have registered for the inaugural event. Many will be staying in Mudgee over the weekend boosting tourism and bringing considerable economic benefits to the local region.

A special thank you to Mid-Western Regional Council, Destination NSW, and NSW Police for their ongoing support and assistance.

For pre-event travel information, please email info@mudgeeclassic.com.au or visit mudgeeclassic.com/community

MUDGEE CLASSIC

The Mudgee Classic road cycling event is coming to the Mid-West on the weekend of April 30 - May 1 with more than 2000 visiting cyclists in the region.

Friday, Saturday and Sunday night are expected to be extra busy with the visitors and their family & friends spread across the region.

The ride is on Sunday and takes in the perfect cycling of greater Mudgee, Eurunderee, Gulgong, Ulan and more.

Organisers would love locals to join the celebrations at the Mudgee Classic Event Village which will be at Glen Willow Regional Sports Complex, Mudgee.

The village will be open from 10:00am-4:00pm on Sunday 1 May and will include live music, market stalls, children's activities, cycling exhibitors and more.

Local roads will remain open but there will be reduced speed limits on some roads. Drivers are asked to allow more time for local journeys and be extra careful around cyclists.

Many locals helped out by volunteering at the inaugural Mudgee Classic in 2021 and we're also seeking assistance this year! Contact volunteers@cyclingclassics.com.au if you can help out.

For further details visit www.mudgeeclassic.com.au

MUCH MORE THAN WORDS COMPETITION – NOW OPEN!

Mudgee Valley Writers invite you to exhibit your photo inspired prose or poetry for the MUCH MORE THAN WORDS LITERARY COMPETITION.

Submit a STORY, ARTICLE or POEM to 250 words on any subject, and it must be accompanied by a PHOTO taken by you to enhance the theme.

AWARDS


1st - \$250 • 2nd - \$150 • 3rd - \$100 (plus certificates at judges' discretion)

Open to Australian residents of all age groups.

The fee is \$10 per entry.

Terms and conditions and Entry Forms available at:

www.mudgeevalleywriters.wordpress.com

 Mudgee Valley Writers Email: mvw.nsw@gmail.com

Post: SSAE to PO Box 356, Mudgee 2850

An exhibition of all entries and a Presentation Ceremony will be held in Mudgee.

The top 20 entries will be included in a photo book and one copy given to each contestant featured.

Entries close on 17th June 2022.



MUDGEE & DISTRICT KENNEL & OBEDIENCE CLUB



Sadly, the club said farewell to our long term Chief Obedience Instructor of around 40 years, Betty Rae. Betty had only recently retired from the position late in 2020, well into her late eighties, but will always be known to us as our forever Chief Instructor.

Both Betty and her husband Charlie supported the Club in so many ways over those decades. Come rain, hail or shine, there they were at Victoria Park on Sunday mornings. Betty would be instructing and managing an array of training equipment, while Charlie would be carting equipment for us, taking their own dogs into classes, and when he had a spare moment, making us all a cuppa! But it wasn't just Sunday training, there was also some trialling to be squeezed in, demonstration teams to take part in, organising mock trials and of course, hosting our own August weekend of annual trials. In more recent years, a few hospital visits managed to keep her away temporarily. She would always return though, even when being eventually restricted to a wheelchair. And still, she would continue to instruct classes. Such an amazing woman!

We were honoured to provide a guard of honour with our dogs to send her on her final journey.

The club runs an annual Point Score competition in which the "**Betty Rae Trophy**" is awarded to the highest achieving obedience trialling dog and handler. It will always be a prominent fixture in this competition, ensuring Betty will never be forgotten.

We are very lucky though, to also have our wonderful current Chief Instructor, Helen Stanford to keep us forging ahead with our dog training. All

classes are only \$2 each and we just need to sight the dog's current vaccination certificate on your first visit. If you'd like to continue classes, you'll then need to become a member. Annual membership fees start at \$4 for a pensioner and vary, up to \$17 for a family. Please wear covered shoes and bring some treats for your dog.

Interested? Great! Newcomers are welcome to the 10am class on Sundays at Victoria Park in Gulgong. If you would like more information on training classes, please send your enquiry to the club's facebook page "Mudgee & District Kennel & Obedience Club".



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JOIN IN A SHARED READING EXPERIENCE

Thanks to Mid-Western Regional Youth Council, 120 copies of *Hometown Haunts: LoveOzYA Horror Tales* edited by Poppy Nwosu are available at libraries throughout the region, as well as high schools and TAFE. Pick up a copy to read, and when you're done simply return it to your local library for someone else to enjoy. We really hope you enjoy this eclectic collection of short stories (including a couple of graphic/comic style stories) by Australian YA authors. We're hoping the book proves to be a great taster for you to find some new favourite Australian authors. Keep an eye out for events and activities relating to the book in April, May and June 2022. Get your hands on a copy today and share your thoughts about the book on social media: **#oyaboc2022 #LoveOzYa #HometownHaunts**



AUTHOR VISIT TO HILL END

The Hill End & Tambaroora Gathering Group invite you along to the book launch of *Bew Chip's Register* by Dr Juanita Kwok on Saturday 30 April, 11am-1pm at the Church on the Hill, Cnr. Thomas and Denison Streets. Bew Chip was a resident goldminer of the Hill End district for 72 years. Entry by donation, and bookings essential. RSVP by email to sales@heatgg.org.au or call **0408 117 784** or **0423 962 511**.



SYDNEY WRITERS' FESTIVAL LIVE & LOCAL

Save the date for Friday 20 May – Sunday 22 May! Over three days, Mudgee Readers' Festival will bring the highlights of the beloved Sydney Writers' Festival to our own backyard. Liane Moriarty, Caroline Overington, David Marr, Kate McClymont, Christos Tsiolkas, Steve Toltz, and many more – this weekend has it all! Held in Mudgee's Town Hall Theatre, the sessions will be up on the big screen, live and local, straight from Sydney's stage. Keen to come along? We'll see you there – bookings not required and entry by gold coin donation. Check out the Mudgee Readers' Festival website for the whole weekend program: mudgeereaders.com



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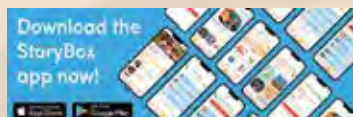
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Drum roll please... the first ever Storybox app is here!

A place where magical stories live, Story Box Library provides online access to charming stories narrated by well-known Australians, over 400 diverse stories in fact! Free to download onto Apple and Android devices with your library membership card.

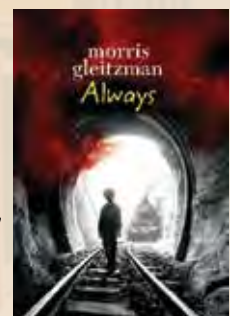


BOOK REVIEW

Always by Morris Gleitzman

The seventh and final book in Morris Gleitzman's outstanding *Once* series. A long time coming, this epic conclusion to Felix's journey did not disappoint. Emotional and heartfelt, the story once again touches on the devastation of war, and the despair of losing loved ones, yet at its core is very much a tale of hope, and a recognition of the human courage in never giving up. Although aimed at young adults, adults will be equally enthralled by every book in this series.

Available in print from the Library.



ST MATTHEWS CATHOLIC SCHOOL



Recently, Year 10 and 11 students travelled to MacKillop College in Bathurst for the Easter Art competitions. We are very proud of all students who participated.

A special mention goes to Keira Hauville who received the Bishops prize, Lucy Fowler who received the Executive Director Award, Kasey Paterson who received 1st place in the Year 10 section and Lucah Hill who received highly commended.



RYLSTONE KANDOS PRESCHOOL



This month at preschool we have seen the real Autumn change, the trees are starting to loose there leaves and our morning playtimes are becoming a little cooler.

We are coming to the end of term and our routines will change to reflect the coming seasons. The children planted the sweetpea seeds on St Patricks day in a circle, in the hope that when they will grow into a tea-pee, we are going to find some sticks, so that when the seedlings begin to grow, they can grow up. We are all looking watching our idea grow.

The children are eagerly awaiting the community event of Bullarama on Easter Sunday – the children have been making bulls, boots and cowboy hats in preparation for the big event. These items are being displayed all over preschool.

On Monday 28th March, preschool held its Annual General Meeting (AGM), we were extremely lucky to elect a new committee. We appreciate all the hard work, sweat and tears our 2021 committee put into the preschool. The fundraising efforts of the committee allowed the preschool to update all of our laptops and iPads. We are looking forward to the direction our new committee would like the preschool to go.

With end of term fast approaching, we are all looking forward to a rest and re-charge. By the time of printing we will have returned to preschool on Tuesday 26th April 2022.



Firstly congratulations to Colleen Ryan on being named the Gulgong Senior of the Year 2022.

The Deputy Mayor, Sam Paine, presented a very surprised Colleen with a framed certificate at the Gulgong Seniors Lunch. The lunch as usual was well attended with Ry and Dione providing the entertainment. This year we tried some new things. Ry has just returned from the USA and lives locally. As a DJ he can provide music to suit any occasion and we were entertained by a little swing, 50s and sixties hits plus some rock and roll. All feedback was that the music selection was great, and the attendees would like to have Ry at future events. Given the sudden rise in grocery prices, the raffle and lucky door prizes were gift cards. The CPSA was glad to shop local using IGA gift cards as well as one of Terry Davies new gift vouchers. The winners were pleased with their prizes.



Heading into 2023, there will be opportunities to nominate seniors who have made a significant contribution to Gulgong and the wider community for senior of the year. Keep a look out for application details in the Gossip and on MWRC website. It is time to think about who to nominate and start the research.

Cr Percy Thompson has been laid low. The Gulgong CPSA wish him a speedy recovery and look forward

to him advocating not only for the Pensioners but Gulgong as a whole. Get well soon Perc from your mates at the Gulgong CPSA.

Politically we are facing a bitter fought election but both major parties have similar platforms so it is difficult to know how the elderly and pensioners in general will get the best result. While the CPSA is politically not aligned, it bears noting that aged care and pensions are commonwealth managed. Most pensions are retrospectively increased based on the CPI for the previous six months, so pensioners are looking to find extra money to prop up the difference between the previous pension rise and the current increases. This is compounded each six months with the current deficit being calculated by the CPSA at \$20.10 per fortnight or about \$261 for the six months. The Commonwealth Government put money into increasing the nutrition in our aged care facilities but there is no evidence it translated into improvements. Neither side of politics has committed to resolving either situation. The CPSA continue to advocate at a state and federal level. Your local branch can only provide input when we know what is important to you. We meet on the third Monday of the month.

The next meeting will be **Monday 16 May**. It will be our **Mother's Day Lunch commencing at 11:30am** with the meeting to follow after the lunch. Members are requested to bring either a salad or dessert. The men will be cooking the BBQ. Venue will be the Bowlo. Members and guests most welcome.

THE MERRY MAMZELLES

The Merry Mamzelles, in terms of Red Hatting, is still a very young Chapter. This year we celebrated our 4th birthday in style of course, by reversing our colours for all our get-togethers during the month of March and on St Patrick's Day, by lunching at Kelly's Irish Hotel in Mudgee. At the hotel we met up with a couple of Dubbo Red Hatters who were bus tripping for the day, they were on a mystery St Patrick's Day tour and their lunch stop at Kelly's was an extra bonus for us, catching up with old friends and making new ones.

We also lunched at The Parking Lot Café, in Mudgee (pictured top right), and during Seniors Week attended several functions, lunch and the presentation of the Senior Citizen of the year in Gulgong, Rylstone and Mudgee.

In addition, we attended a Concert & Morning Tea at Club Mudgee and a Mobility Information & Demonstration Session at Mudgee Oak Tree Retirement Village - all in all a very busy but delightful week.

Happy Hatting!

by Pam Bellhouse





Securing the retirement your loved ones deserve

Upcoming family events like Mother's Day present the perfect opportunity to speak with your loved ones about their next chapter. Coming to the realisation that it might be time for them to make the move to a retirement village can be daunting. Perhaps the family home is becoming too large to maintain, they're beginning to have difficulty with the stairs, or they're craving new friendships and the social connection they no longer have. Whatever the reason may be, it's a major life transition that everyone needs to be involved in.

Freedom of choice.

Many people delay selling the family home until there's a change of circumstances, such as loss of mobility, deteriorating health, or loss of a partner. Often this can lead to rushed decisions and limited options. Bringing the decision forward and removing the pressure means the process is going to be far less stressful, and instead can be an enjoyable transition.

An exciting new chapter.

Making the move to a retirement village really is a new and exciting chapter for your loved ones. It presents a world of opportunity –

social events and activities, new friendships, and new hobbies to explore. Leaving behind the house is an emotional part of the process but turning their new villa into a home is exciting and creates an opportunity for a whole new chapter of memories!

Maximising the benefit.

If there's one thing we hear most commonly from our residents, it's that they wish they'd made the move sooner. The primary benefit of village communities is the lifestyle: being surrounded by like-minded people and sharing facilities and activities that encourage healthy

living and keep you physically and socially active.

To make the most of those opportunities and maximise the time and freedom they've worked so hard for, you want Mum and Dad to make the move while they're still young and active enough to fully enjoy it.

It all starts with a conversation.

Take the opportunity this Mother's Day to chat with your loved ones about their next chapter.

Book your private tour of the village and see why so many Australians love to call Oak Tree home.

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Call **1300 367 155**

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Andrew GEE MP

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Your Country
Your Voice

ELECTION '22 - NOT LONG TO GO!

RUNS ON THE BOARD FOR THE MID-WESTERN REGION

✓ \$2 billion for Great Western Highway upgrade

✓ \$16 million for the Ulan and Cope Roads

✓ \$29.8 million for the Dixon's Long Point Crossing

\$11.4 million for construction of the Glen Willow Sporting Complex plus the training camp and roads

✓ 24 hour rescue helicopter for region

✓ \$1.5 million for the construction of the Mudgee Art Gallery

✓ \$240,000 for Mid-Western Regional Family Day Care

✓ 40 mobile phone towers and base stations for Calare

✓ \$859,700 for improvements at the Putta Bucca wetlands

✓ \$1.15 million for Kanandah expansion

Since 2011, I've been working hard, fighting for the communities of the Central West and together we've been able to deliver a number of significant wins for our region.

- Better healthcare with free MRI scans for Bathurst, Lithgow and Mudgee; a 24-hour emergency rescue helicopter; a new Gulgong Hospital; and the CSU medical school.

- Billions in infrastructure spending including the Great Western Highway; Glen Willow Sporting Complex, Dixons Long Point Crossing, and other critical road projects.

These are just a few of the things we have achieved together. It has been a tough few years for our

community as we battled fires, floods, drought, COVID 19 and even a mouse plague, and the community knows that I have been there by their side through all of it.

I'll be running on that record and I'm looking forward to keeping that good work going! I'm hopeful the people of Calare are prepared to renew my contract with them so I can continue to serve and deliver for our region.

May 21st will be a day to celebrate our democracy. We often take our freedoms for granted but you only have to look at the tragic events in Ukraine to see how quickly freedom can be trampled on.

I'm also looking forward to a good contest both nationally and locally, as well as the return of democracy sausages across our region on election day!

TAKING A STAND FOR OUR VETERANS - UPDATE

I'd like to extend a heartfelt thanks to the hundreds of people from all over Australia who have contacted my offices in support of my stance for more funding to clear the veteran compensation claims backlog.

I was recently preparing to resign from Cabinet because the \$96 million I had requested to help clear the unacceptably high veteran compensation claim backlog was not going to be forthcoming in the Budget. When I inherited the portfolio the claims backlog stood at 55,000 and it has been steadily growing.

The Royal Commission into Defence and Veteran Suicide has heard some harrowing and tragic stories about the impacts this issue is having on veterans and

families. I had to take a stand on this.

Initially I was told I would be getting zero dollars to clear up the claims backlog and then when I complained I was told we could have \$22.8 million, take it or leave it. I didn't think that I could look veterans in the eye and tell them that, so I was preparing to resign. I wasn't prepared to compromise what I believe to be the right thing to do.

The most important thing is that we now have an additional \$96 million to help clear the veteran compensation claim backlog. That surely is why we are in government and what politics is supposed to be all about. Getting results for the people we represent!

\$1.4 MILLION FUNDING FOR COMMUNITY & RELIEF CENTRE AT COXS CREEK



Communities across the Rylstone, Coxs Creek and Olinda areas will soon have their own state-of-the-art multi-purpose community and emergency relief centre, thanks to a \$1.4 million Australian Government grant under the **Black Summer Bushfire Recovery Grants program**. These areas were at the frontline of the devastating Black Summer bushfires. The Centre will double as a Multipurpose Community Hub, creating new local employment and will support the region's broader tourism market. It will also run resilience and wellbeing activities, showcase local Indigenous culture and become a permanent home to the local Rotary Club.

ANOTHER BIG LEAGUE CROWD!

It was Manly v Canberra at Mudgee's Glen Willow recently, on a perfect night for rugby league in the country. I'm proud the Australian Government has contributed \$11.4 million to the Glen Willow complex and adjacent areas.

The Sea Eagles claimed the victory but as always, Mudgee and the surrounding region was the big winner, again being showcased on the national stage and with pubs, clubs and restaurants doing a roaring trade. Thank you to everyone who worked so hard to make it happen!



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Authorised by Andrew Gee, Suite 1/179A Anson Street, Orange NSW 2800.

BUDGET 2022 - ENSURING OUR REGION PROSPERS!

✓ LOW AND MIDDLE INCOME EARNERS IN CALARE WILL BENEFIT FROM TAX RELIEF OF UP TO \$1,500 THIS YEAR MADE UP OF A \$1,080 TAX OFFSET AND A NEW \$420 COST OF LIVING TAX OFFSET

✓ A \$250 PAYMENT TO HELP THOSE MOST IN NEED WITH THE COST OF LIVING, INCLUDING PENSIONERS, DISABILITY SUPPORT RECIPIENTS, CARERS, VETERANS AND CONCESSION CARD HOLDERS

✓ \$53 MILLION TO SUPPORT THE RECOVERY AND CONSERVATION OF KOALA HABITATS

✓ ENHANCING PAID PARENTAL LEAVE AND INCREASING CHILDCARE FUNDING

✓ RECORD INVESTMENT IN AGED CARE MEANING MORE PLACES, MORE STAFF AND BETTER CARE FOR RESIDENTS

✓ HALVING THE PETROL AND DIESEL EXCISE TO MAKE FUEL CHEAPER

✓ 19,700 BUSINESSES IN CALARE TO BENEFIT FROM A BONUS 20% DEDUCTION ON DIGITAL AND TECHNOLOGY EXPENSES

✓ SMALL BUSINESSES WILL BENEFIT FROM A 20% BONUS DEDUCTION FOR TRAINING AND UPSKILLING EMPLOYEES

✓ HOME GUARANTEE SCHEME EXTENDED TO ASSIST FIRST HOME BUYERS TO BUY A PROPERTY WITH ONLY A 5% DEPOSIT, OR 2% FOR SINGLE PARENTS

✓ EXPANDED WAGE SUBSIDIES TO PROVIDE MORE OPPORTUNITIES FOR APPRENTICES AND TRAINEES

✓ RECORD FUNDING FOR THE NDIS, WHICH IS SUPPORTING 3,947 PARTICIPANTS IN CALARE

✓ FUNDING FOR PUBLIC SCHOOLS IN CALARE WILL INCREASE BY OVER 32% TO 2029

✓ MORE AFFORDABLE HEALTHCARE THANKS TO NEW PBS LISTINGS FOR BREAST CANCER AND CYSTIC FIBROSIS AND BY REDUCING THE PBS SAFETY NET THRESHOLD

✓ \$2.3 BILLION IN ADDITIONAL MEASURES TO ADDRESS PLASTIC POLLUTION, THREATENED SPECIES, SUPPORT THE GREAT BARRIER REEF, AUSTRALIA'S ANTARCTIC LEADERSHIP, THE HEALTH OF OUR OCEANS AND ENVIRONMENTAL LAW REFORM

✓ STRENGTHENING MEDICARE BY MAKING TELEHEALTH CONSULTATIONS PERMANENT. IN CALARE, THERE HAVE BEEN 543,065 TELEHEALTH CALLS CONSULTATIONS FUNDED

MORE MID-WESTERN FUNDING THANKS TO STRONGER COMMUNITIES!

The Mid-Western region has been a big winner in the latest round of the **Stronger Communities Programme**, with a number of important projects receiving funding.

• **Mudgee Men's Shed** will receive \$7,000 to upgrade the shed, to help their growing membership make better use of their current building.

• **Ilford Public School Parents and Citizens Association** has secured \$12,000 towards a Community Food Preparation Van, to help provide food during emergencies, for community events and at the popular driver reviver.

• **Rylstone and District Historical Society** will receive \$8,000 to help build a new disabled toilet and storeroom.

• **Kandos Muesum** has been granted \$6,000 to go towards the green roof on their annex, providing better insulation for the coffee shop and display area.

Our communities are what make this region strong and I am so pleased that we have been able to deliver funding to these groups that contribute so much through their hard work and service.

A MEGALITRE OF SUPPORT FOR MID-WESTERN REGION FIREFIGHTERS

Mudgee Golf Club will soon become a crucial water source for firefighters across the region, thanks to a \$147,266 Australian Government grant, under the **Black Summer Bushfire Recovery Grants program**,

Three 360,000 litre colorbond water tanks will be set up at the site, providing evaporation-free water storage with access points for firefighters during emergencies.

I spent Christmas Eve and Christmas Day of the Black Summer Bushfires at places like Mudgee

Fire Control, Ilford, the Capertee Valley and Clandulla. I saw firsthand how devastating these bushfires were. It is our duty to use the many learnings from that devastating time to help prepare for future disasters.

We've already had previous rounds of significant bushfire recovery funding and this latest round recognises that we need to keep building through the recovery process.

Pictured: Andrew with Birgit Smith, Cassie Bones, Marcia Box and Jeff Williamson.



\$1.56 MILLION FOR KANANDAH EXPANSION



Works are almost complete on a \$1.15 million upgrade and extension of Kanandah Retirement in Mudgee, thanks to an Australian Government grant. The funding has enabled the centre to build 11 brand new rooms, with construction also wrapping up on an isolation unit which ensures infectious diseases stay contained to one room.

Once complete, six new placements will have been created for senior Australians across the region. Importantly, these six

new placements will also be supported by the Australian Government, which has allocated Kanandah with six additional residential aged care places, worth an estimated \$400,000 per year - funding which is ongoing.

Kanandah will also replace its nurse call system with the most up-to-date technology, ensuring internal communication equipment is the best it can be! *Pictured: Andrew with David Hurst, Elliott Frankenberg and Sue Pearce.*

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